



House Magazine of Nava Bharat Ventures Limited Vol. 15 No.1 April – June 2009

Award

The Orissa Works of our Company was accorded the State Award for “**Best Performance in Safety and Environment Management for the year 2007**” by the Director of Factories & Boilers, Government of Orissa.



Picture 2

The award, given in the form of a trophy and a certificate, was received by Sri G. P. Vardhana Rao, Vice President – FAP(O), from Sri Jagar Singh, IAS, Commissioner - cum – Secretary to Govt., Labour & Employment Dept., Govt. of Orissa (See Pictures 1&2).



Picture 1

The Management congratulates the employees of FAP(O) and PP(O) for this achievement !

All Time Record

PP(AP) achieved an all-time record of continuous operation of Unit-1 for 296 days, surpassing the previous record of 241 days. Unit-3 operated continuously for 243 days, the highest since its commissioning on 6th April, 2007. PP(AP) exported more than 207million units of energy during April - June, 2009.

The Management congratulates the employees of PP(AP) for these achievements !

For Better Results

The following training programmes were conducted for improving skills and personality development of the employees.

A.P. Works

“Chakra Healing & Meditation” conducted by Maataa Ananda Jagati of Sri Paramahansa Nityananda Dhyana Peetham, Bangalore, in April.



“Operation & Maintenance of Power Plant” conducted by Sri Hanumantha Reddy, Chief Manager (Training), Paloncha, for Engineers & Supervisors, in April.

“Awareness Program on Revised Version of ISO – 9001 (2008)” conducted by Sri C. Venkata Ramana, Lead Assessor, Auditor of Choda Leadership Centre, Hyderabad, in May.

“Personality Development” conducted by the training faculty of Central Board for Workers Education, Vijayawada, in June.

Sugar Division

“Oxy Fuel System & Safety Awareness” conducted by the training faculty of L&T Messer Sales, Rajahmundry, for Engineers & Supervisors, in April.

“New Trends in Low Heat Input Welding Electrodes” conducted by the training faculty of M/s Adorfontech, Secunderabad, for Engineers & Supervisors, in April.

“Energy Conservation Systems” conducted by Sri M. Panduranga Rao, Sr. Manager (Process), Samalkot, for Engineers & Supervisors, in May.

“Ananda Spurana Programme” conducted by Sri Paramahansa Nityananda Dhyana Peetham, Bangalore, for officers (with families), in May (See Picture 3).



Picture 3

Orissa Works



Picture 4

Sri S. K. Panigrahi, Vice President (Power) and Sri M. Srinivas, DGM (Mech.), attended a Seminar on “Water Conservation - Unveiling the Challenges” conducted by CII, Bhubaneswar, in April.

“First Aid” conducted by Dr. Pramod Kumar Mohapatra, St. John Ambulance, Orissa, for Supervisors & Workmen, in May (See Picture 4).

Visit

A team of Chinese Engineers consisting of Messrs Chen Yong & Liao Han Cheng from NTC, Hua Jiao Guo & Zhou Jian from SOKEO and Ma Xue Feng from CNAICO, visited PP(O) in June and provided necessary technical services during the annual maintenance of our 64 MW Power Plant. (See Pictures 5 & 6)





Picture 5



Picture 6

Celebrations

Brahmotsavams of Lord Sri Venkateswara Swamy were celebrated with grandeur at the temple at Navanagar, Paloncha, in May. A large number of devotees participated in the celebrations and had the blessings of the Lord.

On the occasion of World Environment Day, saplings were planted, on 5th June, in the workers' quarters at Paloncha,

Sri P. Ram Mohan Prasad from PP(AP), made a presentation on "Environmental Improvements in Power Plant", Sri Suresh Chandra from FAP(AP), on "Environmental Improvements in Ferro Alloy Plant", Sri A.H.N. Prasad, Chief Manager (Safety), on "Safety Work Permit Procedure" and Sri A.E. Naidu, Chief Manager (Environment), on "Planet Needs You! Unite to Combat Climate Change".



Picture 7

The Chief Guest Sri M. Nagarjuna, Environmental Engineer, APPCB, Regional Office, Kothagudem, appreciated the efforts put in by the company for protection of environment (See Picture 7).



Picture 8

Plantation was taken up inside the campus with great enthusiasm at our Orissa Works (See Picture 8). Competitions in essay writing, posters & slogans on environment were conducted to create awareness on Environment Protection.

Sri Anupam Behera, Regional Officer, State Pollution Control Board, Angul, was the Chief Guest of the function organized on the occasion of World Environment Day. He appreciated the commitment of the management to environment protection and particularly to development of green belt.

Farewell

The following employees retired from the company after a long period of service at FAP(AP):

Name	Designation	Length of Service
Sri G.V.V.S. Bhaskara Rao	Sr. Manager (Materials)	34 years
Sri R. Satyanarayana	Electrician – A grade	33 years
Sri N. Rama Rao	Sr. Tapper	33 years
Sri K. Mohana Rao	Fitter/Welder - A Grade	33 years
Sri M. A. Jabbar	Driver Spl. Grade	33 Years
Sri B. Thowriya	Tapper	30 years
Sri S. Joga Rao	Pump House Attender	20 years

The Management appreciates the long and useful services rendered by the above employees and wishes them a happy and peaceful retired life!

Merit

Nava Bharat Public School and Nava Bharat High School at Paloncha achieved 100 per cent results in AISSE (CBSE) and SSC (State Syllabus) examinations. Out of 60 students who appeared for AISSE, 49 students secured distinction and 11 students, 1st class. Out of 44 students who appeared for SSC, 42 students secured distinction and 2 students, 1st class.

The Management congratulates the staff and students for their excellent performance!

Miss V. Snigdha, D/o Sri V. Janardhana Rao, Asst. Manager (Materials), secured 98.2% marks in Intermediate Public examinations conducted by the Board of Intermediate Education (BIE), Andhra Pradesh. She secured a place in the Top Ten rank holders in the State. She is an alumna of Nava Bharat Public School (See Picture 9)



Picture 9

The Management wishes Miss V. Snigdha a bright future!

Social Welfare

Foundation stone was laid, in April, for a high quality Eye Centre to be established beside the road leading to Sri Venkateswara Temple in Navanagar, Paloncha. While the land, building and equipment will be provided by our company, L V Prasad Eye Institute will manage and develop the eye centre on a sustainable basis to provide excellent eye care to all segments of society (See Picture 10).



Picture 10



Picture 11

Our company provided bore wells in Jaggu Tanda & Bangaru Ramaswamy Gumpu, to meet water requirements of tribals near FAP(AP) (See Picture 11).



Picture 12

To inculcate the habit of study and avoid school dropouts among the children of poor and illiterate parents belonging to backward communities at Paloncha, our company has arranged free tuitions to the children and introduced rewards and gifts to those who do well in their studies (See Picture 12).



Picture 13

Sri G. P. Vardhana Rao, VP – FAP(O), inaugurated a Gymnasium in the new hostel building at our Orissa Works on 1st June (See Picture 13).



Picture 14

Sri N. Prabhakar, Vice President - SD, participated in the statewide programme “BADI BATA” under Sarva Siksha Abhiyan, at Timmapuram, G. Ragampeta and Divili villages of East Godavari District, on 12th June and distributed slates and school bags to the poor children and one pair of uniform to orphan students (See Picture 14).

On the occasion of World Blood Donor Day, our Orissa Works was awarded a trophy from State Blood Transfusion Council, Orissa, on 14th June, at Red Cross Blood Bank, Dhenkanal.



FAP(AP) has taken up the work of replacement of RCC pipes connected to Jogarao Cheruvu at FAP(AP) to supply water for irrigation of more than 300 acres of agricultural land. Our Company laid foundation on 29th June (See Picture 15). The local farmers expressed their gratitude to the Management for the help extended to them.



Picture 15

Winged Guests on our Orissa Campus



Photographed by Sri B. Srikant, Chief Manager (Elec) – FAP(O)

Back Pain

Back pain, a common condition among people of all ages, is always ignored. During the initial stages of back pain, people tend to take it as a trivial issue before it becomes a chronic problem. Back pains can be avoided easily by taking a few preventive measures.

Factors contributing to back pain:

- Poor posture
- Physical inactivity
- Obesity
- Stress
- Poor body mechanics
- Poor nutrition
- Lack of sleep
- Smoking
- Genetics

Except genetics, all the other eight factors can be controlled.

Danger Signals:

- Steady pain radiating into legs and arms
- Tingling, burning or numbness of legs
- Fever
- Loss of weight and appetite
- Weakness in the legs or hands
- Loss of control over the renal system

Persons having such symptoms should approach a doctor.

Preventive Measures:

80 per cent of the back pains can be avoided if one takes the easy preventive steps mentioned below:

- Maintain a good posture while sitting
- Control body weight
- Walk briskly for at least 30 minutes a day
- Quit smoking
- Make sure to sleep on an even surface
- Make sure your body is comfortable while sleeping
- De-stress by doing yoga
- Have a balanced diet
- Kids carrying heavy school bags should put heavy text books close to the body
- While lifting heavy objects, one should try to keep the heavy objects close to the chest.



Laughing Corner

☺ Customer: “How much for this dog?”
Dog dealer: “Five hundred rupees.”
Customer: “Isn’t that too much?”
Dog dealer: “Isn’t the dog too wonderful?”
Customer: “Yes, the dog may be too wonderful but is he faithful also?”
Dog dealer: “Yes, sir. I’ve sold him seven times and he has always been back within 12 hours.”

☺ Visitor: “I want to see the master.”
Boy: “What’s it about?”
Visitor: “There is a bill.....”
Boy: “Ah! He left yesterday for his native place.”
Visitor: “Which I have to pay him.”
Boy: “But he returned this morning. Please go in, sir.”

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